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Grapevine Independent

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You Must Have Priorities



County Supervisor Pat Hume, District 5, 5th from left, spoke at the Rancho Cordova Luncheon on August 18. With him from left are Shelly Blanchard, Executive Director, Cordova Community Council; Rich Desmond, County Supervisor, District 3; Chris Clark, FCUSD Board Member; and Siri Pulipati, Rancho Cordova City Council Member. To the right of Hume are Rancho Mayor Linda Budge; Police Chief Brandon Luke; and Chamber of Commerce President and CEO Diann Rogers.

Story and photos
by Margaret Snider

RANCHO CORDOVA, CA (MPG) - In his talk at the Rancho Cordova August Luncheon, Sacramento County Supervisor Pat Hume, District 5, said he would address five issues, "three of which were my top priorities when I was seeking this office." The fourth and fifth were just impossible to leave behind. Hume was elected last year, replacing Don Nottoli when he retired.

His list of five began with homelessness. Hume said, "We need



Seen at the Rancho Cordova Luncheon are Cliff Billings, Vietnam veteran; Sacramento County Supervisor Pat Hume from District 5, who spoke at the luncheon; and County Supervisor Rich Desmond from District 3.

measurable, quantifiable, actionable metrics by which we can evaluate what we are spending

that money on in the programs that we are funding, and whether or not they are being successful so that we

can . . . make sure that we are moving in a positive direction."

The second issue was crime and law enforcement. "I think Prop 47 is probably the most egregious thing that has been foisted upon us," Hume said, "wherein we lower the standard of what certain acts are to be considered whether they are felonies or misdemeanors."

In the third issue, roads, Hume referred to PCI, or Pavement Conditions Index. In Folsom or Elk Grove within the city limits you might find a PCI of 60
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County Receives \$43 Million Bridge Housing Award

Sacramento County
News Release

SACRAMENTO COUNTY, CA (MPG) - The State Department of Health Care Services announced that Sacramento County Behavioral Health Services (BHS) will be awarded more than \$43 million in Behavioral Health Bridge Housing (BHBH) funds to support its continued efforts to address homelessness and improve the lives of individuals living with serious mental illness and experiencing housing instability. With the award of this State funding, County BHS is set to expand interim housing options as an important resource along the continuum to permanent supportive housing to accommodate the growing need for supportive housing and mental health services.

The BHBH award will enable Sacramento County BHS to expand interim housing by adding 110 beds across three Safe Stay communities. This County-sanctioned bridge housing will provide individuals experiencing homelessness with a safe and supportive environment to stabilize their health and safety. Additionally, the funding will facilitate the development or renovation of shovel-ready projects for another 100 beds, including renovated hotels, board and care homes, and sober living facilities. These clean and well-maintained sites will offer on-site supportive services to help individuals transition towards permanent housing.

Bridge housing funds will support individuals in the target population of the Community Assistance, Recovery, and Empowerment (CARE) Act who are experiencing homelessness, have serious mental illness, and/or substance use disorder. The range of services provided will encompass care coordination to enhance both mental and physical well-being, the development of essential life skills, the promotion of income growth, and the facilitation of vocational/educational opportunities and skills. The ultimate objective is to assist participants in transitioning to permanent housing within a nine-month timeframe.

To provide holistic care, Behavioral Health collaborates with various county agencies such as Primary Care for medical support, the Department of Human Assistance (DHA) for benefits, Managed Care Providers for Enhanced Care

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Play for All: CRPF's Gift Boosts Recreation Inclusivity

By Shelby Golden,
CRPD

RANCHO CORDOVA, CA (MPG) - In a heartwarming display of community support and dedication to fostering inclusivity, the Cordova Recreation & Parks Foundation (CRPF) proudly presented the Cordova Recreation & Park District (CRPD) Board of Directors with a generous check amounting to \$8,000 during their regular Board meeting on August 16, 2023.

This substantial contribution is earmarked for two programs under the Fee Assistance umbrella. A \$2,000 portion will be utilized to support the Folsom Cordova Unified School District's (FCUSD) Social Emotional Learning and Education Equity Department's initiative to facilitate opportunities for recreational programs and serves for both foster



Cordova Recreation & Parks Foundation (CRPF) Board Members present Cordova Recreation & Park District (CRPD) Board Members with a check to provide funding for the Fee Assistance Program. Photo courtesy of CRPD

families and those families experiencing homelessness. The remaining \$6,000 will be designated for CRPD's Fee Assistance Program, a vital program

that seeks to make recreational opportunities accessible to all members of the community regardless of their financial circumstances.

"We are thrilled to present this \$8,000 contribution to the Cordova Recreation & Park District. At the heart of our Foundation's
Continued on page 3

California Capital Airshow Flies Back at Mather

By Tamara Warta

SACRAMENTO REGION, CA (MPG) - The popular California Capital Airshow is back at Mather this September, featuring the U.S. Air Force Thunderbirds as its headlining act. The airshow was founded in 2014 and, with the exception of a pause for COVID-19, has been entertaining enthusiasts annually with a variety of modern and historic planes.

This year's airshow is happening on Saturday, September 23 and Sunday, September 24. Admission costs are \$40-\$50 per ticket, but each ticket comes with up to 6 free admissions for youth aged 15 and younger, making it a reasonable deal for entire families who want to enjoy the marvels of air travel and military planes. Tickets are valid for only one day of the airshow, with most acts performing on both days.

Unlike prior years, 2023 tickets are only available online. There will be no onsite sales, and space is limited for both general and VIP ticketing options. High-end tickets used to include a grandstand and bleacher option, but this year has been converted into a new location called The Hangar. This brand-new chalet offers both indoor and outdoor seating areas along the front line of the shows, and also includes private restroom access, beer tasting, and access to food truck purchases. Those willing to spend more can also join the Flight Line and Capital clubs, both of which provide catered food and beverages, as well as premium seating areas.

If you're attending the show on a budget, don't worry. While you must find your own seating, there are plenty of perks to still enjoy both on the ground and by gazing up at the sky. Ground level entertainment this year includes vintage combat aircraft and trainers including warbirds that date back to the 1930s. Beale Airforce Base will also be represented at the show, bringing a Lockheed U-2 'Dragon Lady' and T-38 Talons to admire. Children and families will enjoy the opportunity to walk through a large military transport plane as well as the impressively large cargo holds of the FedEx and UPS planes parked onsite. Lastly, public safety workers and first responders will be interacting with guests, teaching young guests how planes and helicopters are used to save lives.

While there's certainly a lot to do on the ground, the real show is overhead. The airshow features both individual plane hobbyists and professional fighter jet pilots. This year's headliner, the United States Air Force Thunderbirds, will roar through the sky in their F-16 Fighting Falcon jets. Their close formations are captivating but new airshow attendees be warned



Above: The Thunderbirds show off in the sky during 2022's air show. Inset: Young air show attendees learn how military planes fly. Photo courtesy of California Capital Airshow

— these planes get loud. Consider bringing noise-canceling headphones for young viewers as well as those of any age that are sensitive to sound.

The rest of the airshow lineup includes the US Air Force C-17 Globemaster III Demonstration Team, a US Navy F/A-18 Super Hornet TacDemo, a US Air Force A-10 Thunderbolt II, a 1920s-era Barnstormer, and stunt flyer Jim Peitz in a rare Beechcraft F33C Bonanza.

The California Capital Airshow is meticulously organized in order to successfully welcome thousands of guests each year but is also powered strongly by volunteers. Adults aged 18 and older are invited to join in on the fun of volunteering.

"Airshow volunteers play a vital role in supporting CCA's mission to inspire young people using the power and magic of flight," says Darcy Brewer, Executive Director of California Capital Airshow. "They build a great deal of community around this, all while experiencing the behind-the-scenes excitement of producing a massive event."

Volunteers run booths, direct parking, provide information to guests, and so much more. All volunteers receive food vouchers and a commemorative airshow crew t-shirt. Both individuals and groups volunteer each year, but not always without a bit of controversy. The airshow committee actively recruits non-profit groups to raise funds for their own causes by working the parking lot on both Saturday and Sunday. The non-profits receive \$45 per day, per volunteer. The shifts are 11 hours long and no split shifts are permitted.

Tonia Clark was one to call out the airshow on social media. In responding to a recent post asking for non-profit help she said, "That's less than \$5 hour...while it is great that you're helping nonprofits, it appears that it is a pretty good deal for the airshow, considering minimum wage is \$15.50/hr. Are you helping nonprofits or taking advantage of them?"

The airshow has publicly responded in the past, reminding critics that they themselves are a non-profit and are doing what they can to give back to the community, including the aforementioned funds disbursement and also a scholarship program.

Overall, the California Capital Airshow is a quality outing for all ages. Consider coming out and exploring the world of aviation and air defense. But bring your sunscreen and hats, as the warm Sacramento sun will likely be in attendance, too. Tickets can be purchased at californiacapitalairshow.com. ★

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County Receives Bridge Housing Award

Continued from page 1

Management (ECM), and additional linkages to enhance the provision of services. These collaborations ensure that individuals experiencing homelessness receive the necessary support and resources to improve their overall well-being.

“Through the power of compassion and investment, the \$43 million bridge housing award to Sacramento County is a significant step in transforming lives and communities,” says Sacramento County Behavioral Health Director Dr. Ryan Quist. “This funding will help behavioral health expand comprehensive bridge-housing supports for those in need.”

To address the diverse needs of individuals experiencing homelessness, a phased approach will be adopted for individuals entering the program. New participants will enter Safe Stay beds, sober living facilities, or board and care homes to stabilize their

health and safety and determine eligibility for housing programs. Once stable, they will move to other BHBH interim beds, where they will receive life skills training and housing navigation services. Finally, participants ready for permanent housing will receive intensive housing navigation services, utilizing rental assistance funds from the grant, to secure and transition into stable housing.

The \$43 million BHBH award to Sacramento County is another significant step towards addressing homelessness and providing vital support to individuals living with serious mental illness and experiencing housing instability. With expanded interim housing options and comprehensive services, this funding has the potential to transform lives and create lasting positive change within the community. ★

You Must Have Priorities

Continued from page 1

to 70. A road that was newly paved would have a rating of 100, and 0 would be a dirt road. “The County of Sacramento on the average has a PCI hovering in the low mid-40s. “It takes about \$50 million a year just to keep status quo so that the roads don’t get worse,” Hume said, “and we only have about \$27 million of identified funding.”

The fourth issue, flooding, forced its way into Hume’s top five. The atmospheric river of this past season, Hume said, “caused millions of dollars in property damage, broke through levees, flooded roads, cost people their lives . . . We have literally and figuratively been digging out of that since day one and working hard to find some sort of long-term stable solution . . . to ensure that it doesn’t happen in the future.”

Fifth on the list is one that Hume didn’t know was an issue before he was supervisor. “Every time I mention it, people go, ‘Wow, that is a big problem.’” Hume said. There is something called “ambulance-patient offload time,” or APOT. The State standard for that is about 20 minutes. Sacramento County has an average APOT of 68 minutes, the worst in California.

When patients call 911 to go to the ER, by law the first responder must take them and must remain until the hospital has accepted responsibility for that patient. Crowded conditions at ERs are exacerbated by some patients’ use of it instead of Urgent Care or general practitioner. “We’ve convened first responders and folks from all of the major healthcare providers in the region in order to seriously try and address the issue.”

Diann Rogers, President and CEO of Rancho Cordova Chamber of Commerce said she met Hume when he was a member of the City Council in Elk Grove. “We now have two County Supervisors who represent the City of Rancho Cordova, that’s new to all of us,” Rogers said. “He has made a very high priority of being here, being a part of the community.”

Hume attended elementary school and Jesuit High School while in Elk Grove. He tried football and competitive swimming but found that theater was



County Supervisor Pat Hume, District 5, stands in the middle with Chris Clark, FCUSD board member, left, and Rich Desmond, County Supervisor for District 3.

more where his passions lay. He holds a Bachelor’s degree from San Diego State University and a Master’s degree in ethical leadership from Claremont Lincoln University. After college he worked in the family business of land development and semicustom residential subdivisions.

Hume served on the City of Elk Grove planning commission from incorporation in 2000, was elected to the Elk Grove City Council in 2006 and served a total of four terms there. As a County Supervisor, Hume serves on a multitude of Boards and Commissions. Lisa Hume, Pat’s wife, is director of philanthropy at Sutter Health, in charge of raising money for different Sutter Health programs.

In the past, Hume was asked to be a celebrity auctioneer for the Strauss Festival in Elk Grove, though he had never done that. “Having an acting background I thought, ‘Well, I’m just going to act like an auctioneer,’” Hume said. He ended up graduating from the Western College of Auctioneering in Billings, Montana, and takes great pleasure in performing as auctioneer pro bono to raise money for worthy causes.

Contact Supervisor Pat Hume at PatHume@sacounty.gov or call (916) 874-5465. ★

Play for All: CRPF’s Gift Boosts Recreation Inclusivity

Continued from page 1

mission lies a deep commitment to enriching lives and strengthening our community,” said CRPF President Kim Oliver. “We are proud to play a role in breaking down barriers and fostering inclusivity, ensuring that our community members can access the enriching programs that Cordova Recreation & Park District offers. Together, we are making a tangible difference in the lives of our fellow community members.”

CRPF is an independent, non-profit entity that is driven by an unwavering commitment to enriching the lives of residents through charitable gifts that support the diverse range of recreation and park programs offered by the Cordova Recreation & Park District. Guided by their mission, CRPF serves as a beacon of goodwill, channeling resources to preserve and protect the invaluable facilities and programs that contribute to the community’s overall well-being. One of these resources is providing funding for the Fee Assistance Program.

The Fee Assistance Program operates with a clear purpose: to ensure that financial limitations never hinder anyone’s ability to engage in enriching recreational experiences. This program operates on a first-come, first-served basis, extending a helping hand

to individuals and families seeking to be part of the CRPD’s diverse recreational offerings. By removing financial obstacles, the Fee Assistance Program fosters an environment of inclusivity, enabling community members to partake in activities that contribute to their physical, mental and social well-being. To learn more about the Fee Assistance Program visit crpf.com.

CRPF’s contribution exemplifies the potential of collective action to effect positive change. As a reader, you too can be part of this transformative movement. There are several ways you can contribute and support CRPF’s initiatives:

Your financial contributions, no matter the size, can make a significant impact on CRPF’s ability to support programs like the Fee Assistance Program. Visit crpfdoundation.org to make a secure online donation or to become a member;

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Gavin Newsom Channels Jerry Brown With Constitutional Amendment Proposal



By Dan Walters, CALMatters.org

When Proposition 13, California's iconic property tax limit measure, went before voters in June 1978, the state's governor, Jerry Brown, denounced it.

"It's a ripoff," Brown declared. "It's a long-term tax increase."

Two months later, after voters overwhelmingly endorsed the measure, Brown did a 180-degree pirouette, declaring himself a "born-again tax cutter."

"No new taxes," Brown promised. "Voters have told us they want a tax cut. They don't want a shell game."

Facing re-election to a second term later that year, Brown sponsored a state tax cut to obey, he said, the popular mandate.

Two months after winning re-election, Brown delivered his inaugural address and proposed an amendment to the U.S. Constitution requiring the federal government's budget to be balanced.

"A constitutional convention to propose an amendment to balance the budget is unprecedented, but so is the political paralysis that prevents necessary action," Brown said, blaming deficit spending for a sharp increase in inflation "as destructive to our social well-being as an invading army."

Thereupon, Brown

beseeked the state Legislature to pass a resolution supporting his call for a constitutional convention, touching off a circus-like round of legislative hearings.

It was carefully orchestrated political theater, clearly aimed at carving out a platform for Brown's second run at the presidency in 1980 by portraying incumbent President Jimmy Carter as a spendthrift out of touch with popular support for austerity and tax cuts.

Brown garnered much media attention for his newly minted cause but his 1980 presidential run was a disaster, winning exactly one delegate to the Democratic convention. Carter later lost the presidency to Brown's predecessor as governor, Ronald Reagan.

This bit of political history is offered because it seems to be repeating itself 45 years later.

Gov. Gavin Newsom, who is obviously trying to raise his national political profile for whatever reason, is now embracing his own amendment to the U.S. Constitution, adding gun control provisions emulating those in California.

It would raise the legal age for gun ownership to 21, require universal background checks, impose minimum waiting periods and institute an assault weapons ban.

"We want to go on the offense and be for something and build a movement that's bottom up, not top down," he told Politico in advance of his announcement in June.

More recently, as a resolution was drafted in the Legislature to support Newsom's crusade, he castigated the U.S. Supreme

Court's gun control decisions, such as Brown had pinned inflation on Carter 45 years earlier.

"This Supreme Court is that bad," Newsom said. "The Bruen decision was that bad. When I say code red, this is code red. California's led the nation on common sense gun safety laws."

"And we have the receipts," Newsom added. "The efficacy of those laws is demonstrable. The data bears out - California's gun death rates significantly declined since California's leadership in this space."

The cause-and-effect relationship Newsom poses is questionable, because there are many other factors affecting violent crime. Moreover, the state's gun control laws are not as bulletproof as he implies.

California's assault rifle ban is something of a joke. The targeted firearms are readily available in gun stores after undergoing a few cosmetic alterations that do nothing about their lethality. While law-abiding gun owners must go through paper hoops to buy new firearms, there's a vigorous illicit market that allows the feloniously inclined to buy all the guns they want.

Like Brown's effort, Newsom's gun crusade is just a political stunt designed to garner him more national media attention. He has zero chance of getting his gun control amendment introduced, much less adopted, and he knows it.

Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers. ★

Popular Vietnamese Sandwich Shop to Open Citrus Heights Location



Huong Lan Sandwiches will be opening its newest location in Citrus Heights at the Copperwood Square Shopping Center. Photo by Tamara Warta

By Tamara Warta

SACRAMENTO REGION, CA (MPG) - Huong Lan Sandwiches is opening a new location in Citrus Heights. The popular Vietnamese sandwich shop already has locations in Rancho Cordova, Folsom, Sacramento, and Davis. The new Citrus Heights spot will be in the Copperwood Square shopping center.

Tim Lam, the owner of the new Citrus Heights location, already owns locations in Folsom and South Sacramento. Other members of the Lam family own more spots in Davis, Newark, Fresno and beyond. There is also a popular Rancho Cordova location.

In Citrus Heights, Huong Lan will be located in part of a 5,400-square-foot building, which will be split with a hair and nail salon. The space faces a busy corner Starbucks location and is also anchored by Planet Fitness and FoodMaxx. The end space location also includes a drive-thru - a feature that is currently unique only to the Folsom location. Lam did not respond to interview requests, but is represented by Broker Andy Jonsson, who recently told the Sacramento Business Journal the restaurant hopes to open within the next six months.

Huong Lan features a traditional Vietnamese quick-stop eatery menu, including pho and vermicelli bowls. But the true superstar of the chain's menu is its Banh Mi sandwiches. These sandwiches

come in a variety of combinations, and all are sold for under \$7, with the majority in fact costing only around \$5. This is a major pull for customers, considering the fact food prices have dramatically increased in recent years.

Huong Lan's Banh Mis are also popular because they bake their bread in-house. Some customers from the surrounding locations have reported a bit of a delay when ordering one of the sandwiches while more bread is being baked, but all agree it's worth the wait.

Steven Osterback, a regular visitor of the Folsom location, calls the chain "clean, friendly, authentic and fast." And as for that bread, "It's the best bread I've had in Folsom."

Another unique feature to Huong Lan is that you don't always have to wait until lunchtime to enjoy. While hours have not yet been announced for the Citrus Heights location, the Sacramento location opens at 7 am so customers can grab a Banh Mi Op La (french roll served with ham and sunny side up eggs) for breakfast. Other locations within the chain open at 10 am and also include this dish on their menus.

If you're new to Vietnamese cuisine, don't be intimidated by the authentic names for the dishes - Huong Lan's colorful menus include accurate photos of every drink and plate sold. It's a great spot for newcomers, and Citrus Heights residents will soon be able to experience for themselves what's so great about this longstanding chain. ★

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And Another Thing "Reading, Writing, and 'Writh'matic'"

By Bob McGarvey

There was a very interesting article in the Sacramento Bee on August 17, 2023 about the Folsom Cordova School board to look at splitting the current School District to two smaller districts. The article shows that the cost would be split three ways. The cost would be between the FCUSD, the City of Rancho Cordova, and the City of Folsom. There have been different times in which splitting the school district was discussed by school board members.

"There was an attempt in 2002 to divide the district, but a Sacramento County reorganization committee determined that there would be racial or ethnic discrimination or segregation should it split and did not approve a proposed reorganization." I quoted that part of the newspaper because it reminded me of some of the same things that were discussed in 1996 when there was Measure O in the election. That measure was to split FCUSD to two districts, and it eventually was on the ballot.

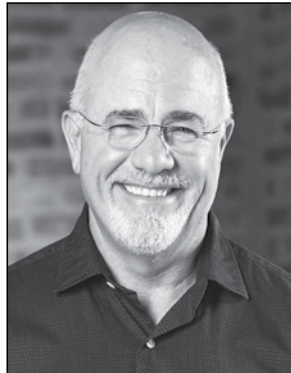
I was asked to chair the NO on Measure O Committee, and I did that immediately. There were people from Folsom who supported Measure O, and their effort was to have only Folsom registered voters vote for the measure. Eventually, it was taken up to the California State Board of Education. At that hearing, the decision was made that all of the registered voters in the FCUSD had to vote. When the votes were counted after the election about

Measure O, it was 60% for the split in Folsom, and 40% against it in Folsom. In Rancho Cordova the vote was 90% against Measure O, and 10% for the Measure. The powerful vote from Rancho Cordova was very impressive. That showed that a recession was still in our school District and throughout the state. There wasn't enough money to create two school districts out of the one.

Things are different in Rancho Cordova since we are a city, but I will have to wait to see, among other things, the nine statutory criteria for the division petition, and to move forward to see what real purposes there are. There will be more public meetings for the people from the FCUSD and from the 2 city's about the facts. I hope many of our readers can attend the meetings and get any of their questions answered.

It has been over two weeks since the school year began, and three of our grand children are getting into "reading, writing, and 'writh'matic.'" There are a few other things like computers they are learning about that many in my generation didn't learn. I guess I didn't learn about them because they weren't created yet. Oh well, our grandkids are growing up in today's schools; and like the song "What a Wonderful World" (Louis Armstrong) in which the song says about the babies, "They'll learn so much more than I'll ever know." My wife is a retired teacher, and she is still able to help our grandkids.

From Bob McGarvey, God bless, and see you next time. ★



Dave Ramsey Says

It's a Guideline,
Not a Rule

Dear Dave,

Is there any flexibility in your rule about not spending more than 25% of your take-home pay on rent or monthly mortgage payments? I live downtown in Washington, D.C., and I'm finding it's pretty hard to do here. I make about \$90,000 a year, but I'm spending a little over \$2,000 a month in rent. Rent is my largest expense by far, and I don't spend a lot of other money, so I'm still able to save a little and do other things. Can you give me your opinion about this approach?

- Tanner

Dear Tanner,

True, I advise people to spend no more than 25% of their take-home pay on housing. Math still works in every city and state in the country. You don't get a pass on math just because you live in Washington, D.C., even though Congress and a lot of other people there think you do.

But there's really nothing magical about 25%. The purpose behind it is, I don't want you to be house poor. If you find yourself still able to save and invest because you keep other financial aspects of your lifestyle so low, then you're okay. The problem with most people starts when they've got a high cost of housing, and those payments put a real squeeze on their budgets. It doesn't leave them enough room to save up to buy the next car, so that car becomes debt. The same thing happens with Christmas and vacations and everything else. They don't have enough extra money to save for things because a huge chunk of their income is flying out the door every month wrapped up in rent or a house payment.

Now, you're telling me your situation works for you because you've made room in your budget and live a very frugal lifestyle by choice. That's cool. I'm not mad at you about that. But here's the thing: Whatever you spend on rent disappears. And the more money you burn, the less you've got on hand for other things.


I'm not exactly sure how

you adjust that in your situation. Maybe you move outside the city and commute, or perhaps you add a roommate into the equation. Or, maybe you're fine with how things are and that's the way you want to live. That's okay too. But my reasoning behind the 25% figure—which is actually more of a guideline than a rule—is so you don't become house poor. I want you to be able to save, invest and give generously. Plus, I want you to own your own home one day.

And you won't be able to do that if everything you make is going toward big payments!

- Dave

*Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of "The Ramsey Show." He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for the company Ramsey Solutions. ★



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FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05294
Sierra Christine Wallin, 9493 Dalton Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Lotus & Sage Beauty" 5120 J Street Suite D, Sacramento, CA 95819. Filed with the Clerk of Sacramento County July 13, 2023
Publish: August 4, 11, 18, 2023
LOTUS 8-18-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05484
Saad Mahmood Alahmaid, 5124 Modoc Way, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "AKAR Mobile Auto Mechanic" 5124 Modoc Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 21, 2023
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AKAR 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05490
Willey Enterprises Inc., 8430 Madison Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Roof Doctors" 8430 Madison Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County July 21, 2023
Publish: August 4, 11, 18, 2023
WILFLEY 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05486
Balvinder K Balaghan, 9417 Kiefer Boulevard, Sacramento, CA 95876, and Noor Kiran Kaur, 2649 Giorno Way, El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "N & R Food Mart" 3907 Stockton Boulevard, Sacramento, CA 95820. Filed with the Clerk of Sacramento County July 21, 2023
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N&R 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05379
Debra Diane Walker, 6510 Elza Court, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Debbie's Jams" 6510 Elza Court, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 18, 2023
Publish: August 4, 11, 18, 2023
DEBBIES 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05217
Jacqueline G Ricos, 3636 Edison Avenue #37, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Beautified Esthetics" 2717 Cottage Way Suite #8, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 11, 2023
Publish: August 4, 11, 18, 2023
BEAUTIFIED 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05221
ELW3 Enterprises LLC, 1401 21st Street Suite 6157, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Significant Affairs" 1401 21st Street Suite 6157, Sacramento, CA 95811. Filed with the Clerk of Sacramento County July 12, 2023
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ELW3 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05369
Truist Medical & Behavioral Health Services, Inc., 6733 Pallazzo Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Truist PsychMD" 9245 Laguna Springs Drive Suite 200, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County July 18, 2023
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TRUIST 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05376
Rentsa LLC, 10757 Bellone Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "rents4baby" 10757 Bellone Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 18, 2023
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RENTS 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05360
Jessica Rahbar, 3182 L Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Epoxy Pro Services" 3182 L Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County July 17, 2023
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EPOXY 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05544
Motorest Inc., 3401 Fulton Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Motorest" 3401 Fulton Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 25, 2023
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MOTOREST 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05605
Ratko Ormicus, 5624 Whitney Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Nena Flooring" 5624 Whitney Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 27, 2023
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NENA 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05601
CalPlaySports LLC, 117 Miller Way, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "CalGamesWanted" 117 Miller Way, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 27, 2023
Publish: August 4, 11, 18, 2023
CALGAMES 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05574
Dan Hauck and Debbie Covey, 127 Lembi Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Premier Party Rentals" 127 Lembi Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 26, 2023
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PREMIER 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05535
Timothy Joseph Coddington, 6454 Larchmont Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Tankless Tim" 6454 Larchmont Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County July 24, 2023
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TANKLESS 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05364
Breavetona Inc., 7880 Bradshaw Road, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Arthur Murray Sacramento Dance Centers" 7880 Bradshaw Road, Sacramento, CA 95829. Filed with the Clerk of Sacramento County July 18, 2023
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ARTHUR 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05580
Bader Darwish, 6637 Flaming Arrow Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Major Locksmith" 6637 Flaming Arrow Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County July 26, 2023
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MAJOR 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04462
Vladimir Kilyushik and Alena Kilyushik, 8309 Pinefield Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "VAK Siding and Decking" 8309 Pinefield Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County June 9, 2023
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VAK 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04909
Enayah Muhajir, 12029 Roquefort Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "New Bourne Realty Group/New Bourne Realty" 12029 Roquefort Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 27, 2023
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ENAYAH 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05373
PRIMEbusiness Construction Consulting LLC, 2518 Denison Drive, Davis, CA 95618 is doing business under the Fictitious Business Name(s) "PRIMEdesign" 455 University Avenue Suite 370, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 18, 2023
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PRIMEDESIGN 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05358
Haramain Inc., 646 El Camino Avenue, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Ideal Market/Ideal Halal Market" 646 El Camino Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County July 17, 2023
Publish: August 4, 11, 18, 2023
IDEAL 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05563
Permanent Investment Network LLC., 4921 Bowman Oaks Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Permanent Investment Network LLC/Global Field Inspection Services, LLC" 4921 Bowman Oaks Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 26, 2023
Publish: August 4, 11, 18, 2023
PERMANENT 8-25-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05622
Stroy Inc., 6133 W 4th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Binrenter.com" 6133 W 4th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County July 28, 2023
Publish: August 11, 18, 25, Sept 1, 2023
BINRENTER 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05272
Alexander Alvarado, 14916 1/4 Inglewood Avenue, Lawndale, CA 90260 is doing business under the Fictitious Business Name(s) "Bow's Chow Kitchen" 2108 N Street Suite #8492 Sacramento, CA 95816. Filed with the Clerk of Sacramento County July 13, 2023
Publish: August 11, 18, 25, Sept 1, 2023
BOWS 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05320
GAWFCO Enterprises, Inc., 3669 Mount Diablo Boulevard, Lafayette, CA 94549 is doing business under the Fictitious Business Name(s) "65th St Union 76" 2893 65th Street, Sacramento, CA 95817. Filed with the Clerk of Sacramento County July 14, 2023
Publish: August 11, 18, 25, Sept 1, 2023
GAWFCO 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05620
Sun City Towing and Auto Care, 3408 Hunter Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Sun City Towing" 3408 Hunter Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 28, 2023
Publish: August 11, 18, 25, Sept 1, 2023
SUN 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05646
Barry Magee, 3529 Scorpio Drive, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Chirpy Magee the Trivia Bird" 3529 Scorpio Drive, Sacramento, CA 95827. Filed with the Clerk of Sacramento County July 28, 2023
Publish: August 11, 18, 25, Sept 1, 2023
CHIRPY 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05693
Emman Tos, 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "PIE NICE" 1401 21st Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 1, 2023
Publish: August 11, 18, 25, Sept 1, 2023
PIE 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05644
NORCAL BSBA, Inc., 3626 Fair Oaks Boulevard Suite #100, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Transworld Business Advisors Sacramento" 3626 Fair Oaks Boulevard Suite #100, Sacramento, CA 95864. Filed with the Clerk of Sacramento County July 28, 2023
Publish: August 11, 18, 25, Sept 1, 2023
NORCAL 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05694
Kainat F Shaikh and Sujauddin S Saiyed, 42 Allard Court, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Fiat Lux Accounting" 42 Allard Court, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 1, 2023
Publish: August 11, 18, 25, Sept 1, 2023
FIAT 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05746
Blessed Ones LLC, 15 Benoit Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Cienna Home Care II" 3866 Sea Forest Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 3, 2023
Publish: August 11, 18, 25, Sept 1, 2023
BLESSED 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05689
Monik LLC, 7893 Walerga Road Suite 102, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Maza Halal Food" 7893 Walerga Road Suite 102, Antelope, CA 95843. Filed with the Clerk of Sacramento County August 1, 2023
Publish: August 11, 18, 25, Sept 1, 2023
MAZA 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05527
Maria Colamartino, 8133 Pollard Ave, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "MJ Wholesale" 8133 Pollard Ave, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County July 24, 2023
Publish: August 11, 18, 25, Sept 1, 2023
MJ 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05729
Jesus Rios Courier LLC, 6837 Fair Oaks Boulevard #6, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Process Server of California/CA Process Server" 6837 Fair Oaks Boulevard #7, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 2, 2023
Publish: August 11, 18, 25, Sept 1, 2023
PROCESS 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05750
Jose Ramon Rodriguez, 5600 Rosario Boulevard, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Jrods Tow and Transport" 5600 Rosario Boulevard, North Highlands, CA 95660. Filed with the Clerk of Sacramento County August 3, 2023
Publish: August 11, 18, 25, Sept 1, 2023
JRODS 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05742
S. Justice Enterprises, Inc., 3916 Hovnanian Drive, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Scarlett Justice Properties" 3916 Hovnanian Drive, Sacramento, CA 95834. Filed with the Clerk of Sacramento County August 3, 2023
Publish: August 11, 18, 25, Sept 1, 2023
SCARLETT 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05744
Eat Cake LLC, 8139 Sunset Avenue #160, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Eat Cake!" 8367 Hidden Valley Circle, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 3, 2023
Publish: August 11, 18, 25, Sept 1, 2023
CAKE 9-1-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05372
Reuben Nazareno, 2880 Sunrise Boulevard #110, Rancho Cordova, CA 95742 and Matthew Cabrera, 9153 Elk Grove Boulevard, Elk Grove, CA 95624 are doing business under the Fictitious Business Name(s) "Real Estate America Rancho Cordova/Real Estate America Elk Grove/Real Estate America Team" 2880 Sunrise Boulevard #10, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 18, 2023
Publish: August 18, 25, Sept 1, 8, 2023
REAL 9-8-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05541
YC ENT, 1009 10th Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Chelsea" 1009 10th Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County July 25, 2023
Publish: August 18, 25, Sept 1, 8, 2023
CHELSEA 9-8-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05853
Ilighten LLC, 8177 Dunisch Road, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Kuneha" 8177 Dunisch Road, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County August 7, 2023
Publish: August 18, 25, Sept 1, 8, 2023
KUNEHO 9-8-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05423
Norma Laura Ramirez Miranda, 1901 E Constantine Avenue, Las Vegas, NV 89101 is doing business under the Fictitious Business Name(s) "All Good Things" 2900 Stewart Avenue, Las Vegas, NV 89101. Filed with the Clerk of Sacramento County July 20, 2023
Publish: August 18, 25, Sept 1, 8, 2023
ALL 9-8-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05651
Aim High RE Inc, 4080 Truxel Road #100, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Aim High Coaching/AimHigh Coaching". 4080 Truxel Road #100, Sacramento, CA 95834. Filed with the Clerk of Sacramento County July 28, 2023
Publish: August 18, 25, Sept 1, 8, 2023
AIM 9-8-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05759
Go 4 Pizza Inc., 7195 Murieta Drive #218, Rancho Murietta, CA 95683 is doing business under the Fictitious Business Name(s) "Go 4 Pizza" 7195 Murieta Drive #218, Rancho Murietta, CA 95683. Filed with the Clerk of Sacramento County August 3, 2023
Publish: August 18, 25, Sept 1, 8, 2023
PIZZA 9-8-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05410
Yevheniy Shestakov, 5584 White Fir Way, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "CARGOEXPERT" 5584 White Fir Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 19, 2023
Publish: August 18, 25, Sept 1, 8, 2023
CARGOEXPERT 9-8-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05781
Vehicle Accident Reporting Solutions, 3442 Whitnor Court, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Vehicle Accident Repairing Solutions/V.A.R.S." 3442 Whitnor Court, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 17, 2023
Publish: August 18, 25, Sept 1, 8, 2023
VEHICLE 9-8-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05672
Dmitry Ozeruga, 7047 Cross Drive, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Principal Accounting & Bookkeeping". 7047 Cross Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 31, 2023
Publish: August 18, 25, Sept 1, 8, 2023
PRINCIPAL 9-8-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05754
Nancy Fox and Matthew Fox, 9692 Kent Street, Elk Grove, CA 95624 are doing business under the Fictitious Business Name(s) "Coppertech". 2376 Gold Meadow Way, Gold River, CA 95670. Filed with the Clerk of Sacramento County August 3, 2023
Publish: August 18, 25, Sept 1, 8, 2023
COPPERTECH 9-8-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05921
Golden State Price Inc., 5825 Auburn Boulevard Suite 3, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) Sacramento Furniture Store". 5825 Auburn Boulevard Suite 3, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 9, 2023

Publish: August 18, 25, Sept 1, 8, 2023
SACRAMENTO 9-8-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05912
Industrial Sonlight Corp, 5824 Overhill Road, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Maxcom/Sonlight Communications" 6105 Main Avenue Suite 14, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 9, 2023
Publish: August 25, Sept 1, 8, 15, 2023
MAXCOM 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06106
Himalayan Transportation Inc., 3200 Truxel Road #146, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Alac Business Services" 3200 Truxel Road #146, Sacramento, CA 95833. Filed with the Clerk of Sacramento County August 16, 2023
Publish: August 25, Sept 1, 8, 15, 2023
ALAC 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05146
Slayed By Kandy LLC, 836 57th Street, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Slayed By Kandy/SBK Boutique" 836 57th Street, Sacramento, CA 95819. Filed with the Clerk of Sacramento County July 10, 2023
Publish: August 25, Sept 1, 8, 15, 2023
SLAYED 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05647
Emily Christine Productions LLC, 4803 Windsong Street, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Emily Coyne Events" 4803 Windsong Street, Sacramento, CA 95834. Filed with the Clerk of Sacramento County July 28, 2023
Publish: August 25, Sept 1, 8, 15, 2023
EMLY 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06022
Angelica Aiello, 8150 Monte Park Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Angelica's Auto Sales" 6385 Auburn Boulevard #B4, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 14, 2023
Publish: August 25, Sept 1, 8, 15, 2023
ANGELICA 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05735
CDLEW Business Services, Inc., 5445 Madison Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "River City Business Services" 5445 Madison Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 3, 2023
Publish: August 25, Sept 1, 8, 15, 2023
RIVER 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05979
Roman Mankovskiy, 6941 Brookhaven Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Nomad Construction Supplies" 6941 Brookhaven Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 11, 2023
Publish: August 25, Sept 1, 8, 15, 2023
NOMAD 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06020
Spacecell LLC, 9777 Lincoln Village Drive, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Bukhara Restaurant and Market" 9777 Lincoln Village Drive, Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 14, 2023
Publish: August 25, Sept 1, 8, 15, 2023
BUKARA 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06131
Eduardo Ceballos Perez, 7640 Auburn Boulevard #17, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Eddy's Beauty Salon" 7973 Auburn Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 17, 2023
Publish: August 25, Sept 1, 8, 15, 2023
EDDYS 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05984
Patrick Kuenster, 5612 Beauregard Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Luto Catering" 5612 Beauregard Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 11, 2023
Publish: August 25, Sept 1, 8, 15, 2023
LUTO 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05985
Fresh Kitchen Express Inc., 9501 Shadowrock Way, Sacramento, CA 95624 is doing business under the Fictitious Business Name(s) "Moc Quan" 6035 Stockton Boulevard Suite A, Sacramento, CA 95824. Filed with the Clerk of Sacramento County August 11, 2023
Publish: August 25, Sept 1, 8, 15, 2023
MOC 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05717
Mosetta Peppers, 5123 Engle Road, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Speechless Moments" 5123 Engle Road, Carmichael, CA 95608. Filed with the Clerk of

Sacramento County August 2, 2023

Publish: August 25, Sept 1, 8, 15, 2023
SPEECHLESS 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05954
Monica Solis Laje, 3500 Bodega Court, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Five Star Early Learning Family Child Care" 3500 Bodega Court, Sacramento, CA 95864. Filed with the Clerk of Sacramento County August 11, 2023
Publish: August 25, Sept 1, 8, 15, 2023
FIVE 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05703
Nina Phomsouvandara, 6910 23rd Street, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Golden Auto Collision" 6910 Franklin Boulevard Suite 440, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 1, 2023
Publish: August 25, Sept 1, 8, 15, 2023
GOLDEN 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05849
Suong Nang Dang, 8505 Middlesex Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Kamei Eco Nail Spa" 607 Sutter Street Suite 105, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 7, 2023
Publish: August 25, Sept 1, 8, 15, 2023
KAMEI 9-15-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06108
Zazai Family Corp, 2677 Giorno Way, El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "City Wide Facility Solutions/ City Wide Facility/Solutions of Sacramento" 2941 Sunrise Boulevard Suite 240, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County August 16, 2023
Publish: August 25, Sept 1, 8, 15, 2023
CITY 9-15-23

Bankruptcy Filings Rise 10 Percent Don't Wait, Know How to Evacuate

Report from U.S. Courts.com

Personal and business bankruptcy filings rose 10 percent in the twelve-month period ending June 30, 2023, compared with the previous year.

According to statistics released by the Administrative Office of the U.S. Courts, annual bankruptcy filings totaled 418,724 in the year ending June 2023, compared with 380,634 cases in the previous year.

Business filings rose 23.3 percent, from 12,748 to 15,724 in the year ending

June 30, 2023. Non-business bankruptcy filings rose 9.5 percent to 403,000, compared with 367,886 in the previous year.

Bankruptcy totals for the previous 12 months are reported four times annually. Filings over any 12-month period have increased only rarely since filings peaked in 2010. Bankruptcies fell sharply after the pandemic began in early 2020, despite some early COVID-related disruptions to the economy.

Find out more at <https://www.uscourts.gov/news/2023/07/31/bankruptcy-filings-rise-10-percent> ★

Weir Widening Project to Affect Traffic

Yolo County News Release

WOODLAND, CA (MPG) - The United States Army Corps of Engineers' (USACE) contractor, Granite Construction, has begun work to widen the Sacramento Bypass flood control structure. The Sacramento Weir Widening Project is taking place along Old River Road, also known as County Road 22, just north of the City of West Sacramento city limits. This crucial step toward bolstering flood control measures along the Sacramento River aims to enhance flood stage management both upstream and downstream of the Sacramento Weir during high-flow events, thereby mitigating flood risks and safeguarding the areas adjoining the Sacramento River.

As this project gets underway, it is imperative for commuters to anticipate potential delays stemming from project construction, which is anticipated to persist until late 2026. Motorists are encouraged to exercise caution, adhere to construction signage, and reduce speeds while navigating through the construction zone. When possible, motorists are encouraged to take alternative routes.

Motorists will encounter a temporary all-way stop intersection situated at the northern

end of the existing Sacramento Bypass bridge structure, where County Road 126 converges with Old River Road. This temporary measure, including the installation of stop signs and detour roadway, is anticipated to be implemented by August 21 and will remain until the weir extension component of the project is completed in 2025.

A key element of the project entails the construction of a 1,500-foot-long extension of the Sacramento Weir, stretching northwest along Old River Road. This extension will be accompanied by essential improvements such as levee enhancements, roadway upgrades, utility enhancements, and fish passage improvements.

To accommodate the construction of the weir extension, a section of approximately 1,000 feet of Old River Road will be temporarily removed. In its place, a detour route will be established. This detour is projected to be operational for an estimated two-year period during the course of the weir extension construction.

To obtain comprehensive information regarding road closures within Yolo County, please visit www.yolocounty.org/road-closures ★

Sacramento County News Release

SACRAMENTO, CA (MPG) - Sacramento County's Office of Emergency Services has partnered with local cities to provide residents with evacuation zone maps online. Knowing your evacuation zone and evacuation route before an unexpected disaster occurs can help you and your family stay safe.

How to Prepare for an Emergency:
Know Your Zone - Visit the interactive map online and type in your home address. The map will generate your Zone Number.

Download Your Evacuation Zone Map & Emergency Go Kit Checklist - Visit the Evacuation Zone Map webpage and click on your Zone Number.

Inform Family & Neighbors - Share the map and checklist with household members and neighbors, then plan your

evacuation route and meeting point.

Prepare Your Emergency Go Bag - A checklist is provided with each map and your go bag should include essential items like food, water, chargers, a radio, a change of clothes, medications, and important documents for everyone in the household, including pets.

Sign Up for Emergency Alerts - Visit Sacramento-Alert.org to receive emergency texts, calls, and/or emails to your device.

Maps are accessible, downloadable, printable, and available in nine different languages. County residents will also receive a printed copy of their evacuation zone maps in the mail. Individuals with livestock can view livestock evacuation maps and routes online as well.

To learn how to prepare yourself and your family for an emergency like a wildfire or flood, visit SacramentoReady.org. ★

Suspect Arrested for Threatening Park Goers of Middle Eastern Descent

Sacramento County Sheriff's News Release

RANCHO CORDOVA, CA (MPG) - At approximately 7:30 PM on Sunday, August 6, 2023, the Sheriff's Communications Center received numerous 911 calls about a male trying to run over people at Heron Landing Park in the City of Rancho Cordova. Callers also reported the subject targeting and yelling racial slurs at park goers of Middle Eastern descent, threatening to "shoot and bomb" them.

Rancho Cordova Police Officers and Sacramento County Sheriff's Deputies arrived on scene moments later and confirmed that fortunately, no one was

injured. Sheriff's Bias Based Crimes Detectives and Crime Scene Investigators responded to the scene a short time later and began their investigation. Based on witness accounts, video footage, and other evidence, the suspect was identified as 33-year-old Robert Avery of Orangevale. Avery was driving a 2012 Honda Insight, license plate #6ZLG895. Avery is also a confirmed PC 290 sex registrant.

Avery was wanted for PC 245 (Assault with a deadly weapon); PC 422 (Criminal threats); and PC 422.6 (Hate crime statute).

UPDATE: Robert AVERY was taken into custody without incident. ★

LEGAL ADVERTISING
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 - February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 - September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 - March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 - March 21, 1988

ORDER TO SHOW CAUSE CHANGE OF NAME

Publish: August 11, 18, 25, Sept 1, 2023
JAMES 9-1-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV005717

Ahmad Farid Abrahimi has filed a petition with this court for a decree changing the name(s) of Mohammad Emran Abrahimi to Emran Abrahimi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 12, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 1, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: August 11, 18, 25, Sept 1, 2023
AHMAD 9-1-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV005796

Corina Michelle Cristodore has filed a petition with this court for a decree changing the name(s) of Corina Michelle Cristodore to Corina Michelle Cahya.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 17, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 2, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: August 11, 18, 25, Sept 1, 2023
CORINA 9-1-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV005828

Nghia Gia Dao has filed a petition with this court for a decree changing the name(s) of Nghia Gia Dao to Tony Dao.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 17, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 2, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: August 11, 18, 25, Sept 1, 2023
NGHIA 9-1-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV005713

Mohammad Naqib Jami Jami has

filed a petition with this court for a decree changing the name(s) of Mohammad Naqib Jami Jami to Naqib Jami and Ahmad Raghbi Jami to Raghbi Jami.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 1, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 1, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 11, 18, 25, Sept 1, 2023
JAMI 9-1-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV005665

Nellie Makovsky; AKA Nelya Makovskaya has filed a petition with this court for a decree changing the name(s) of Nellie Makovsky; AKA Nelya Makovskaya to Nellie Kandybenko.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 31, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: July 26, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 11, 18, 25, Sept 1, 2023
NELLIE 9-1-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV005714

Fazi Ahmad Ahmadi has filed a petition with this court for a decree changing the name(s) of Ahmad Sodais Ahmadi to Sodais Ahmadi and Ahmad Ozair Ahmadi to Ozair Ahmadi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 1, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 1, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 11, 18, 25, Sept 1, 2023
AHMADI 9-1-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV002411

Marcus Bernard Smith II has filed a petition with this court for a decree changing the name(s) of KALEIYAH MAKARA SMITH to Kaleiyah Makara Smith and MARCUS BERNARD SMITH III to Marcus Bernard Smith III.

IT IS ORDERED that all persons interested in the above-en-

titled matter appear before this court on September 5, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 30, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 11, 18, 25, Sept 1, 2023
MARCUS 9-1-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV005742

Asif Nazir has filed a petition with this court for a decree changing the name(s) of Mohd. Harrih Nazir to Mohammad Harris Nazir.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 12, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 1, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: August 18, 25, Sept 1, 8, 2023
ASIF 9-8-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV006184

Rejino Cervantes Orbeta has filed a petition with this court for a decree changing the name(s) of Rejino Cervantes Orbeta to Regino Cervantes Orbeta.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 8, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 8, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 18, 25, Sept 1, 8, 2023
REGINO 9-8-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV006752

Jean Marie Ogawa has filed a petition with this court for a decree changing the name(s) of Jean Marie Ogawa to Jeanie Marie Ogawa.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 25, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 15, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: August 25, Sept 1, 8, 15, 2023

JEAN 9-15-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV006405

Patricia Kim Roberts AKA Patricia Kim Haley has filed a petition with this court for a decree changing the name(s) of Patricia Kim Roberts AKA Patricia Kim Haley to Patricia Kim Roberts Moseley.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 24, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 9, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: August 25, Sept 1, 8, 15, 2023
PATRICIA 9-15-23

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#23CV006318

Chelly Canyon and Sabrina Garcia Canyon has filed a petition with this court for a decree changing the name(s) of Liam Ernest Canyon to Liam Ernest Sagar Canyon.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 14, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 9, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 25, Sept 1, 8, 15, 2023
CANYON 9-15-23

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOHN THOMAS LUKENS
CASE NO. 23PR00722

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of John Thomas Lukens.

A Petition for Probate has been filed by James Lukens, in the Superior Court of California, County of Sacramento, requesting James Lukens be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain

very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows November 30, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: James Thomas Luken, 14 Myrtle Street 2nd Floor, White Plains, NY 10606; 916-712-4161
Publish: August 11, 18, 25, 2023
LUKENS 8-25-23

NOTICE OF PETITION TO ADMINISTER ESTATE OF LOIS SEILER
CASE NO. 23PR00595
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Lois Seiler.

A Petition for Probate has been filed by Renee Ricci, in the Superior Court of California, County of Sacramento, requesting Renee Ricci be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval.

Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows November 21, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Renee Ricci, 8773 Noble Fir Lane, Elk Grove, CA 95758; 916-214-0730
Publish: August 18, 25, Sept 1, 2023
RICO 9-1-23

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
FILE NO. FBNF20232-05249

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of: Village Venue Rentals, 5210 Excelsior Road, Sacramento, CA 95827.

The Fictitious Business Name Statement was filed on 7/12/2023 in the County of Sacramento.

Filed with the clerk of Sacramento County: 7/12/2023.
Publish: August 4, 11, 18, 25, 2023
VILLAGE 8-25-23

A Battle Lost, But a War Not Over — Save Our Capitol! Continues

**Perry Communications
Group News Release**

SACRAMENTO, CA (MPG) - As hard demolition of the historic Capitol Annex began early in July, former state legislators, business leaders, preservationists, environmentalists, and others continue to express their disapproval of the \$1.2 billion Capitol Annex Project. Despite pleas by a supermajority of Californians to reconsider this damaging project, particularly in light of a budget deficit, the Legislature has continued to bulldoze ahead.

“The Capitol Annex certainly had issues, but this was to be expected for a building that was built more than 70 years ago, and had never been properly maintained; however, what the Legislature has failed to tell the public is that the entire premise for demolishing the Annex was built on a lie,” said Richard Cowan, former Chair of the Historic State Capitol Commission and representative of Save Our Capitol! “After multiple Public Records Act requests, there is no documentation that shows the building could not have been rehabilitated for a fraction of the proposed \$1.2 billion cost. Instead, the Legislature used “Demolition by Neglect” shamefully to destroy this iconic building that was listed in the National Register of Historic Places. Yet, because of a court decision that found the Legislature violated California’s landmark environmental quality act, the Legislature is not allowed to build the new Annex until a revised final Environmental Impact Report which complies with CEQA is certified—meaning the Legislature is bulldozing forward with demolishing an historic building despite having no approved building plans.”

Following the court’s decision, the Department of General Services (DGS) was required to recirculate a revised Environmental Impact Report to



Opposition continues to mount against the controversial Capitol Annex Project urging Governor Gavin Newsom to reconsider the project. Image provided by Perry Communications Group, Inc.

allow the public to fully review and comment on the plans for the Capitol Annex, West Steps, and new underground parking garage. The Recirculated Draft Environmental Impact Report (RDEIR) became available on April 8 for public review and comment. On April 18, DGS held an informational hearing about the RDEIR changes, and received additional public comments during hearings on May 16 and June 6, with the official comment period closing on June 15. Individuals, organizations, and legislators submitted comments criticizing the proposed new Annex designs, citing concerns with aesthetics, compatibility with the historic Capitol, and safety of the planned glass skin exterior. Equally significant to the historic Capitol’s preservation, comments also were made regarding the destruction of the iconic West Steps for a visitor center, and concerns raised that trees have already died when they were supposed to be protected and relocated.

“The proposed renderings for the visitor center have shown that

the West Steps will be unidentifiable and the Plaza, which provides California’s citizens with a place to assemble, rally, and demonstrate will be greatly impacted, as space will be limited (Appendix C, Pgs. 201-203). California Highway Patrol officers have stated that the design will not allow people to gather on the proposed lower level, as it will block an entrance/exit and grossly limit demonstration capacities,” said Kate Riley, representative for Public Accountability for Our Capitol. “We absolutely cannot allow this vital place that has been used for decades to exercise our First Amendment rights to be closed off and changed for the worse. Future generations deserve better.”

Public comments also pointed out the problems with the placement of the visitor center, as well as the discrepancies within the RDEIR:

“In addition to destroying the historic integrity of the West side of Capitol Park, locating the entrance to the visitor center below the Historic Capitol Building, drastically changes the appearance of its West (primary)

façade. It is no longer the front of a beautiful 1874 building with stairs leading up to a grand portico and equally grand entrance doors. Instead, it is an 1874 building sitting incongruously on top of the 21st century entrance to the visitor center, the flat roof of which has a large skylight in the center of it and expands out into what once was the historic West Plaza.” (Karen Jacques, Preservation Sacramento.)

“Given the substantial changes to the design and the increased impacts that result, the revised EIR should not have been limited to the subjects that the Court identified, but instead requires subsequent evaluation of all environmental impacts, as provided under CEQA Guidelines 15162.” (Nicole Sauviat Criste, Terra Nova Planning and Research, Inc.)

“The new West Entrance for the Visitor Center covers the original Greek Revival architecture including the columns, capitals, cornice, doors, and other historic and significant features. The proposed West Entrance destroys the existing historic West steps, the West

lawn, plaza, and the major entry to the Capitol. The West Plaza and Capitol Steps of the original restored Capitol—the site of innumerable marches, speeches, and celebrations—will be eliminated by a Visitor Center with a theme-park-style entrance.” (Milford Wayne Donaldson, an award-winning Architect, Former California State Historic Preservation Officer (CA SHPO), and Former Chair of the Advisory Council on Historic Preservation, appointed by President Obama.)

“The new Annex disrespects and overshadows the iconic dome with its large size and reflective glass façade. It denigrates the most important historic governmental landmark in California. The new Annex is substantially over size for the existing historic Capitol and results in the diminution and loss of the historic character of the Capitol.” (Milford Wayne Donaldson.)

Former legislators continue to come out in opposition to the controversial Capitol Annex Project. Most recently, former State Senate President Pro Tempore, Don Perata, penned a letter to Governor Gavin Newsom urging him to reconsider the project, and move forward with alternative designs that don’t waste money or decimate state history. Former Congressman Sam Farr also has expressed his disapproval of the project as a whole, stating, “At this pivotal time, rather than erase this irreplaceable site of historic governance by historic individuals, I urge you to embrace and to protect the State Capitol in its entirety.”

Save Our Capitol! is dedicated to saving the entire historic West side of the Capitol. While the historic Annex has been thrown away by the Legislature, the West Lawn, West Plaza, and West Steps still can be preserved and remain a pivotal place for California politics, and, importantly, the historic site for the people to participate in self-government at the people’s Capitol. ★

Prepare Students for a Mentally Strong School Year



It’s important for parents and adults to recognize when their student might be suffering from anxiety, stress, and worry and help support them through their scholarly new transition. Photo courtesy of Sacramento County

**Sacramento County
News Release**

SACRAMENTO COUNTY, CA (MPG) - As summer comes to an end, so do the routines that students picked up during the break. That means no more sleeping in late or hanging out with friends all day, but back to setting the alarms for early morning hours and getting back into the school routine.

These changes in day-to-day activities can bring on emotional changes in students such as anxiety, stress, and worry. They can make going back to school challenging for some students, especially if they are going to a new school, having a new teacher, going into a new grade, or even having to make new friends.

In addition, students may be feeling additional stress due to fears about gun violence, global conflicts, or concerns about bullying or other self-image issues. It’s important for parents and adults to recognize when their

student might be suffering from these new emotions and help support them through their new transition.

According to Uprise Health, here are 5 back-to-school tips to help your student have a mentally strong first day back at school:

Get a Head Start on the New Routine. During summer vacation, students normally have different sleeping habits and are used to sleeping longer hours, a drastic change from their normal routine that they have during the school year. Start getting your student back to a normal routine a couple of weeks before school starts to get into the habit of waking up earlier and going to bed at a regular time. This may help them feel less anxious doing it the night before school starts and feel more prepared to take on the first day!

Check Out the School Beforehand. Whether your student is going to a new school or not, it can be helpful to take them to campus before the first

day and map out the route to their new classroom, lunchroom, library and more! Contact the school ahead of the first day and see if you can schedule a tour for your student before their first day. This can help set up the student for success before the first day of class by addressing the anxiety and worry that comes with not knowing where to go when they hear that first bell.

Have Regular Hangouts with Friends Outside of School. When school is back in session, it can be harder to get together with friends outside of the classroom. This can make students feel anxious about going back to school and not knowing the next time they will be able to see their friends. Help them get ahead of those feelings and host a back-to-school get-together with new and familiar friends to help them get acclimated to the new school year!

Establish Emotional Coping Skills. Teaching your student to talk about their emotions and

creating a safe space for them to do so can help them process the anxious, stressed, or worried feelings they might have about being back in school. Providing them with ways to process their emotions and recognize what they are feeling can help improve your student’s coping skills and help them focus on the positives about the day. If you don’t know where to begin the conversation, use one of our conversation starters to talk to your student about their mental health, and by doing so, you can help to reduce the stigma around mental illness in your child’s school community.

Support Your Student’s Mental Health. With youth facing more mental health challenges, it has never been so important for parents to support and understand their students. Talking to them about how they are feeling and letting them know that it is normal to feel anxious, stressed, or worried when starting something new can make a world of difference

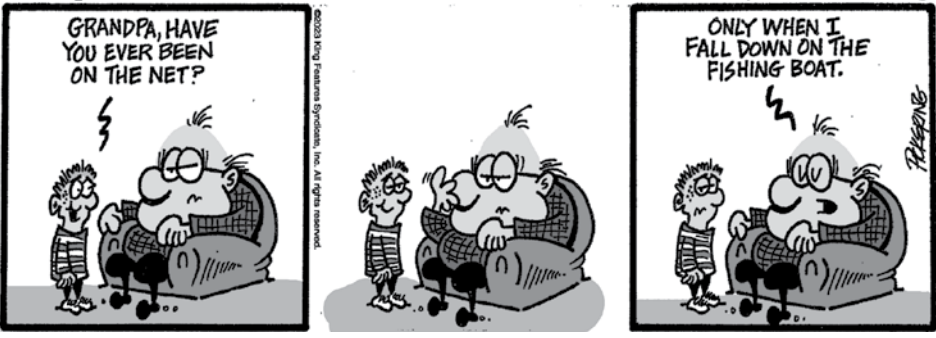
in their mental health journey.

The stigma and fear around mental health often prevent people from reaching out for help. You can help reduce stigma by educating yourself and your students to ensure that they are equipped to have a mentally strong school year and beyond! For more information on additional resources on youth mental health visit our Transition Age Youth community page.

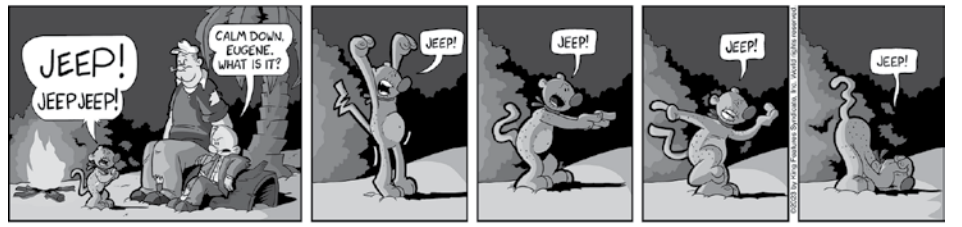
Everyone has the power to stop the stigma and discrimination surrounding mental illness in their communities. We encourage youth to share their stories to encourage others their age by joining the “Mental Illness: It’s not always what you think” project’s Stop Stigma Sacramento Speakers Bureau and promote positive attitudes about living with mental illness. For more information on how to become a speaker or how to be involved in the program, view our webpage at www.stopstigma-sacramento.org/get-involved/speakers-bureau/ ★

COMICS & PUZZLES

The Spats



by Jeff Pickering



Amber Waves

by Dave T. Phipps



Out on a Limb

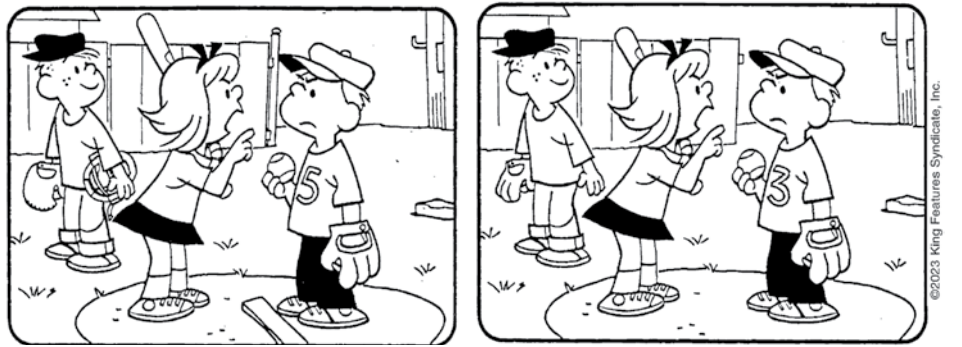
by Gary Kopervas



HOCUS-FOCUS

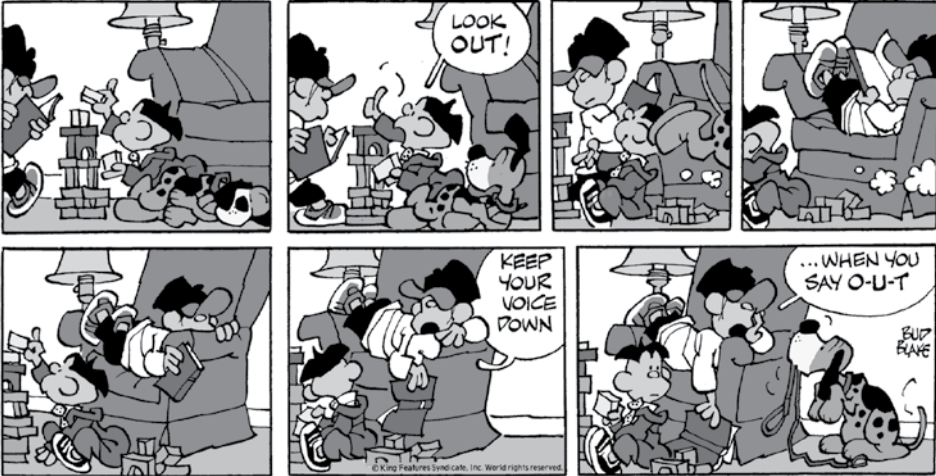
BY HENRY BOLTINOFF

Find at least six differences in details between panels.



TIGER

by BUD BLAKE



GRIN and BEAR IT



Just Like Cats & Dogs

by Dave T. Phipps



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STATEPOINT CROSSWORD • FOOTBALL

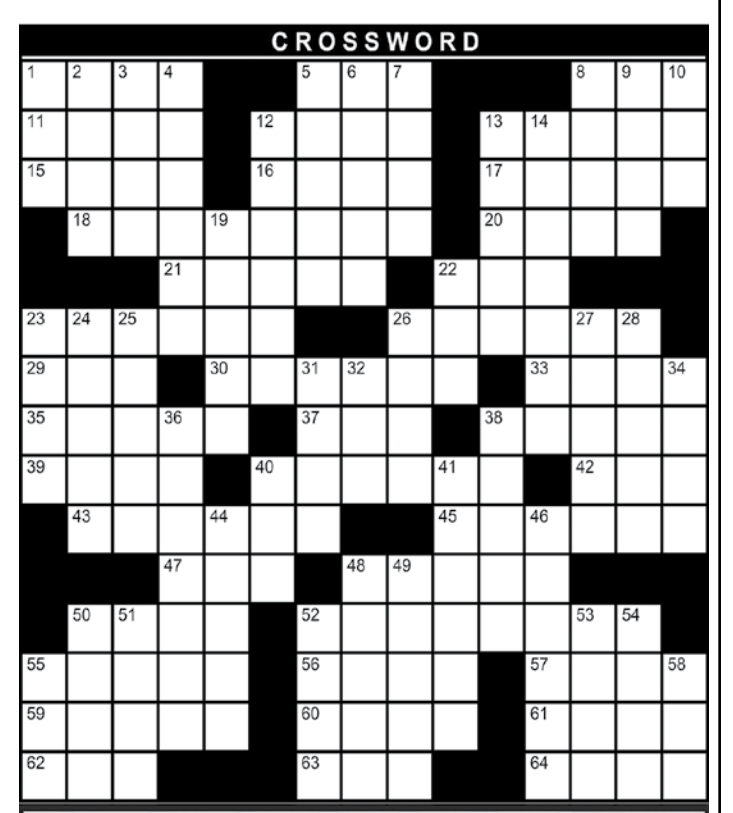
CLUES

ACROSS

- Brainchild
- Gravestone wish
- Paleozoic one
- Pressing tool
- Senegal's neighbor
- Literary theme
- Scissors sound
- Final notice
- *Notre Dame's Fighting _____
- *Home of the first Super Bowl winners
- National League Pennant series, acr.
- Steer clear
- *"Glee" actress _____ Michele
- Beffuddled
- *One of 4 NFL teams sharing a home field
- Fish story
- Stockings
- *"Doggone it!"
- Rand McNally book
- Mozart's "L'____ del Cairo"
- Whiskey drinks?
- Comedy act
- Be more of a fox
- Dead or Black, e.g.
- Obliquely
- Roof supporter
- High or low card
- Employer's good news
- Hyperbolic tangent
- *College player not using eligibility
- Beastly person
- Double-reed instrument
- *Nike Pegasus 39
- Smidgeons
- Paddleboarding acronym, pl.
- Seaside bird
- *Thirty-____ teams in NFL
- *"Ravens" or Lions' time, acr.
- *Rushing unit

DOWN

- ____ Now or Never"
- "Shoot!"
- Arabian bigwig
- Fund-raising letter
- Torah teacher
- Homer's famous poem
- Feel for
- Larger-than-life
- A Supreme singer
- Emerald ____ borer
- Poet's death lament
- Fungal skin infection
- *Home of the Citrus Bowl in Florida
- Not odds
- Lily, in French
- Unfortunately, exclamation
- *a.k.a. Iron Mike
- Charcuterie stores
- Nibble away
- Have faith
- Ranee's wrap
- Lummox
- Calendar abbr.
- Russian autocrat
- *Home to College Football Hall of Fame
- Secret supply
- *Extra point
- Van Gogh flowers
- Partners of pains
- Spirited



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Traumatic Brain Injury Research Could Lead to Therapeutic Treatment

**Kathy Keatley Garvey,
UC Davis**

DAVIS, CA (MPG) - Most studies of traumatic brain injuries (TBI) focus on the pathology of the injured brain, but newly published research indicates that the liver plays an important role in TBI, and a soluble epoxide hydrolase (sEH) inhibitor discovered by UC Davis distinguished professor Bruce Hammock could lead to therapeutic treatment.

The research, led by Professor Xinhong Zhu of the School of Biology and Biological Engineering, South China University of Technology, Guangzhou, and tested in the Zhu lab, appears in the Proceedings of the National Academy of Sciences (PNAS). Youngfeng Dai, PhD., is the first author.

“Using animal models, we found that the liver has a neuroprotective effect in the pathophysiology of TBI, although its role was very weak,” Zhu said. “Our data suggest that enhancement of this neuroprotective role of the liver could provide novel strategies for developing treatment of TBI.” Plans call for “moving toward a clinical study to detect whether hepatic sEH manipulation benefits patients with TBI.”

Their results highlight the neuroprotective role of the liver in TBI and suggest that targeting this neuroprotective role may represent a promising therapeutic strategy for TBI. Earlier clinical studies report that the overall mortality in patients with TBI and cirrhosis is nearly twice that in patients without cirrhosis.

In the paper, “Enhancement of the Liver’s Neuroprotective Role Ameliorates Traumatic Brain Injury Pathology,” the authors describes TBI as a “pervasive problem worldwide, for which no effective treatment is currently available,” and “as a devastating injury that often results in long-term neurological deficits, including locomotor function and memory impairments.”

“Blood-brain barrier (BBB) disruption is a hallmark feature of TBI and is associated with brain edema and neuronal death,” the authors wrote. “Studies have

shown that sEH inhibitors protect the BBB from brain injury. Therefore, we investigated whether deletion of hepatic Ephx2 protected the BBB following controlled cortical injury (CCI).”

In the United States alone, annual statistics show that 1.5 million people a year are diagnosed with TBI; 230,000 are hospitalized; and 52,000 die. Heavyweight champion Muhammad Ali estimated that he received 290,000 blows to the head during his 21-year professional boxing career. But more commonly, TBI results from falls, statistics show. The National Institutes of Health defines TBI as being “caused by forceful bump, blow or jolt to the head or body, or from an object that pieces the skull and enters the brain.”

“TBI leads to a breakdown of the blood brain barrier,” said co-author Hammock, a member of the National Academy of Sciences and the National Academy of Inventors and whose pioneering work on sEH inhibitors spans 50 years. “We see from cases like Muhammad Ali that repeated TBI can lead to chronic central nervous system injury, dementia and other issues.”

“In the study from the Zhu laboratory, one of the exciting basic discoveries is that mammals have a natural mechanism to partially address traumatic brain injury,” said Hammock, who holds a joint appointment with the Department of Entomology and Nematology and the UC Davis Comprehensive Cancer Center. “By a mechanism under investigation, the injured brain communicates to the liver to down-regulate the production of an enzyme called the soluble epoxide hydrolase (sEH) that degrades natural inflammation resolving mediators. Thus, the concentration of these injury-resolving mediators also produced in the liver go up reducing deleterious inflammation throughout the injured animal. This soluble epoxide hydrolase inhibitor used as a tool in these studies is building on this natural mechanism to minimize the harmful effects of TBI.”

“Importantly, the soluble epoxide hydrolase inhibitor that the authors used here is also currently

in human clinical safety trials for treating pain and inflammation,” said psychiatrist and neuroscientist Dr. Andrew Pieper, the Rebecca A. Barchas Professor in Translational Psychiatry, Case Western Reserve University, Cleveland. “The results shown here indicate that this agent, or related materials altering this same pathway, might mitigate the acute and long-term complications of TBI, or of neuroinflammatory conditions of the brain in general. Pieper, who holds both a Ph.D. and a M.D., is the Morley-Mather Chair in Neuropsychiatry, University Hospitals of Cleveland Medical Center; director of the Brain Health Medicines Center, Harrington Discovery Institute; and psychiatrist at Louis Stokes Cleveland VA Medical Center, Cleveland.

Neuroscience researcher Daniela Kaufer, associate dean of biological sciences at UC Berkeley and a professor with the Department of Integrative Biology and Helen Wills Neuroscience Institute, praised the research possibilities. “The brain has a barrier which helps protect it from harmful materials in the blood,” said Kaufer, who was not involved in the research. “TBI reduces this barrier and its reduction is associated with aging. Possibly the pathway described in this PNAS paper could be manipulated to protect the blood brain barrier and reduce the apparent aging of the brain caused by repeated TBI.”

“The reality is that we know moderate and severe TBI leads to significant disability in a high percentage of patients,” said neuroscience researcher Gene Gurkoff, an associate professor in the Department of Neurological Surgery, UC Davis Health, who specializes in traumatic brain injury and epilepsy.

“My understanding of how we classify milds at UC Davis right now is that these are patients that behaviorally are mild injuries, but that they have something on a CT or MRI scan that indicates that the injury is more than a concussion, said Gurkoff, who was not involved in the research. “These patients are more likely to have

long-term effects than concussion alone, but a lot less likely than moderate-severe. They also don’t usually end up in the ICU. Then there are the concussions. Head injuries but no evidence of a radiological finding.”

“Add on top of that, repeat mild or repeat concussion,” Gurkoff said. “While some investigators will suggest that we have a good handle on repeat TBI – I still think it is the Wild West. It is clear that in a subset of humans, repeat TBI, even concussive, is catastrophic. Others seem to be fine. We also haven’t dissected whether repeat TBI on its own is causal – or because many of the patients are in high risk/high stress situations – and it is the combination of TBI/repeat TBI with something else.”

“What gets me excited about certain compounds – Bruce’s would be an example – is that if you have a low-risk compound, is it feasible that you give it to patients who might not develop long-term consequences?” Gurkoff asked. “For example, let’s say a patient comes in and based on his injury and history, we might estimate there is a 10 percent chance he has a problem. You aren’t going to schedule these patients for surgery – on the extreme – because the risk is too high given they most likely will recover. Having a low-risk compound that can be given to soldiers, athletes, etc, with mild or repeat mild – or concussion/ repeat concussion – would be fantastic!”

The research drew financial support from the National Natural Science Foundation of China, Scientific and Technological Innovation, and partial support from Hammock’s grants from the National Institute of Environmental Health Sciences’ RIVER Award (Revolutionizing Innovative, Visionary Environmental Health Research) and the National Institute of Neurological Disorders and Stroke.

Hammock, who co-founded the Davis-based EicOsis LLC in 2011 to develop a drug candidate to treat chronic inflammation, sees similarities between the sEH inhibitor cited in the newly

published research and the drug candidate in EicOsis that is moving through human safety clinical trials. “In fact,” Hammock said, “the same compound was selected by the National Institute of Aging for a long-term aging study in mice, in part because TBI and loss of the blood brain barrier function may lead to apparent aging of the brain.”

“This pioneering study provides clear evidence of the importance of liver-derived epoxy fatty acids (EpFAs) and reactive astrocytes from the immune system in protecting the brain from significant damage and post-traumatic dysfunction following percussive injury,” said William Schmidt, EicOsis vice president of clinical development. “As of now, there are no proven drug therapies that provide protective effects to the brain following single or repeated blows to the head from falls, auto accidents, or sports injuries.”

“The data from this study,” Schmidt said, “provides a pathway for developing inhibitors of sEH that, in turn, will enhance the availability of EpFAs circulating in blood to protect and restore the blood-brain barrier following TBI. I am hopeful that further preclinical studies will confirm these data and lead to a new type of drug therapy based on inhibitors of the sEH enzyme.”

“Clinical studies for TBI may still be a year or so away,” Schmidt added, “but EicOsis has an sEH inhibitor in early clinical development that may be suitable in the future for evaluation in patients with TBI.”

Hammock and colleague Sarjeet Gill co-discovered sEH in 1969 when they were researching insect developmental biology and green insecticides in the UC Berkeley lab of John Casida (1929-2018)

The enzyme is a key regulatory enzyme involved in the metabolism of fatty acids. It regulates a new class of natural chemical mediators, which in turn regulates inflammation, blood pressure and pain. The epoxy fatty acids control blood pressure, fibrosis, immunity, tissue growth, depression, pain, and inflammation, to name a few processes, Hammock said. ★



Get Weller Sooner

Can you talk yourself out of being sick? Stan Munslow says you can. He has 12 powerful proven ways to speed and improve your recovery from illness or surgery. On POPPOFF Stan gave me the abbreviated version of what is in his book “Get Weller Sooner”. He helped his own father beat 30% survival odds and fully recover fully from Stage 4 lymphoma. Take a look.

1. THE POWER OF YOUR MIND. The power of the mind-body connection is more profound and incredible than most people realize. /you are in charge of your healing. Recognize and call upon the power your thinking has upon your body’s ability to heal and overall state of health.

2. THE POWER OF POSITIVE THINKING. Since your thinking strongly influences your body it’s important to keep positive thoughts. Think only the best thoughts about your body and your healing and recovery. Think only the best thoughts, PERIOD.

3. THE POWER OF POSITIVE EXPECTATION. Your expectations impact your health and healing to such a high degree that they drive virtually every medical outcome you will ever have. So expect the best regarding your body. Expect to heal. Expect to remain healthy thereafter.

4. THE POWER OF INNER STRENGTH. You need strength to fight and overcome your medical challenge. Know your inner strength is something that resides in all of us. Be strong simply by calling upon your inner strength. Know it will be there for you.

5. BECOMING THE PERFECT PATIENT. You reap what you sow. Be the perfect patient whom everyone likes and admires. Put out nothing but good,

pleasant, friendly, positive and cooperative energy throughout your healing and recovery.

6. THE POWER OF LAUGHTER. Laughter is instrumental in the healing process. Using the power of the internet, access all the comedy you can in whatever tickles you most. Laugh yourself to a speedy recovery.

7. THE POWER OF MUSIC. The same goes for music. Make playlists of soothing, healing music and listen to them throughout your illness even under anesthesia. Music’s healing power has been scientifically proven.

8. THE POWER OF AFFIRMATION. Repeating positive statements is used by many of the greats in all fields. Infuse their powerful healing energy into your being as often as possible.

9. THE POWER OF GOOD NUTRITION. You are what you eat. Every cell in your body is something you ate in the past seven years. Eat only real food. Think plants and lean meat.

10. THE POWER OF MEDICINE. Believe – deeply believe in the power of any medications prescribed for you. Know they will work for you and trust in your doctor’s ability.

11. THE POWER OF PRAYER. Prayer works. Pray for your healing daily and bring together a prayer circle of friends and loved ones to pray for your rapid recovery.

12. THE POWER OF LOVE. Love is all powerful. A loving spirit is a healing spirit. To love much is to live well and to be well.

Check out “Get Weller Sooner” to optimize the mind-body connection for better health. **STAY WELL!!!** ★

China Gets by with a Little Help from Its Friends – on the Supreme Court

Commentary by Paul Michel

China is overtaking America in a variety of high-tech industries – thanks to some inadvertent help from the U.S. Supreme Court.

According to a brand-new report from the Australian Strategic Policy Institute, the communist nation has outstripped America in 37 out of 44 key technologies, including advanced aircraft engines and hypersonics, 5G and 6G, and quantum communications.

This Chinese high-tech renaissance springs from the regime’s deliberate policy of incentivizing research and development, both through subsidies as well as extremely strong patent protections.

With this robust patent system, China has seen an explosion of innovation. In 2021, Chinese researchers filed 1.59 million patent requests – more than twice the number of American filings, and nearly half the global total.

By contrast, America is weakening patent protections. The Supreme Court has steadily expanded the number of inventions that count as unpatentable “laws of nature, natural phenomena, and abstract ideas.”

In *Mayo v. Prometheus*, for instance, the Court classified certain diagnostic tests as unpatentable “laws of nature.” A similar ruling in *Association for Molecular Pathology v. Myriad Genetics* denied patents to genetically modified gene sequences.

Both decisions rocked the biotech industry. *Mayo* reduced venture capital investment for in vitro diagnostics technologies by about \$9 billion over four years, according to one study.

Another study found that, in the wake of *Mayo* and *Myriad*, half of U.S. university technology-transfer offices surveyed had decided against developing molecular tests.

Artificial intelligence has taken a hit, too. In *Alice Corp.*, the Supreme Court ruled that certain computer-implemented inventions,

machines, and processes are “abstract ideas” – and, thus, ineligible for patenting.

The justices of the Supreme Court have good intentions. But they lack the training and expertise to craft U.S. innovation policy. That job belongs to elected officials in Congress and the White House.

Congress can start by passing Senator Thom Tillis’s (R-NC) Patent Eligibility Restoration Act, introduced in 2022. The bill would address problems with *Mayo*, *Myriad*, and *Alice Corp.* by ensuring it is possible to obtain patents for gene therapies and, potentially, AI.

Other measures fall to the executive branch. The Biden administration must uphold the original intent of the Bayh-Dole Act – which grants universities and small businesses IP rights to their inventions, even when they have accepted federal funding.

Since 1980, Bayh-Dole has facilitated more than 480,000 inventions, more than 117,000 patents, and more than 200 drugs and vaccines.

But lawmakers and activists are urging Biden to weaken IP protections under Bayh-Dole. They want the administration to use the law’s “march-in provision” – which outlines cases when the government can relicense patents for federally-funded products – to forcibly crank down drug prices.

Biden has refused their request. It is crucial that he continue doing so. Stripping biotech firms of their patent rights would only drive the United States further from parity with China.

China – along with the European Union, the United Kingdom, and Japan – have recently strengthened their patent laws. If we want to reclaim the mantle of the world’s tech leader, we will need to follow suit.

Paul Michel served on the United States Court of Appeals for the Federal Circuit from 1988 to his retirement in 2010, and as its chief judge from 2004 to 2010. He currently serves on the board of the Council for Innovation Promotion. ★

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